



Newsletter

Southeastern Society of Plastic and Reconstructive Surgeons



Scott Corlew, MD, Editor

August 2003

Message From the President

Well, Palm Beach was every thing that we hoped and expected. "Mister Southeastern" Ron Johnson presided over another great annual meeting. Mike Beasley did an outstanding job on the scientific sessions. Everyone seemed to enjoy the format of "mini-symposia" which gave experts like John Tebbets and Ted Lockwood plenty of time to explain themselves fully and answer questions. For those who were unable to attend, our keynote speaker was Senator Bill Frist, Senate majority leader and cousin of our own member John Frist. It was both enlightening and encouraging to see someone of Sen. Frist's intellect and ability in a position of influence in our country. We are indebted to all who helped make his appearance possible.

As I mentioned at the banquet on Tuesday night in Palm Beach, I would like to see us focus this year on increasing the number of young plastic surgeons in SESPRS. We have a very active resident paper competition and residents seem to enjoy attending the annual meeting. However, it seems that many times these young surgeons are lost to followup and don't become can-

didate members once they are in practice in the Southeast. Presently we have approximately 400 active and 100 life members. As my generation of surgeons nears retirement age, I can see that the ranks of life members will increase. We must

continue to add young members to the active list or the society will gradually suffer. I would encourage all of you to contact any plastic surgeons in your locale who are not presently members of SESPRS and invite them to apply for membership. An invitation to the Annual Meeting is a good way for them to see what we are all about. If you will provide me with the name or names of potential candidates, I will personally contact them – help ensure the future of your organization.

Committees for 2003-2004 have been appointed, and a list



of committee appointments can be viewed on the SESPRS website. If anyone else would like to be involved with the workings of the society, please let me know and I will get you started. These committee members will be happy to answer questions

related to their area.

Mark your calendars for the 20th annual SESPRS Breast Symposium in Atlanta, January 16-18, 2004. This meeting always brings us topics which are timely and valuable to our practice. Thanks to Frank Elliott, Mark Codner and Jim Namnoun for the excellent leadership.

The 2004 SESPRS annual meeting will be held June 5-9 at The Homestead in Hot Springs, Virginia. This will be the first time in over 10 years that our meeting has been in the mountains and I

_____ cont. on page 2

Sportswatch

On the athletic front, Southeasterners again proved their wide range of talents at the meeting in Palm Beach. Golf and the Fun Run were the strong points, as tennis interest waned. Next year in the cooler weather of Hot Springs the tennis players need to revive their status as the number one sport of the Society. The links and the running course in Palm Beach were beautiful, and the logistics arranged by the Breakers were impeccable. Awards in golf and the Run were:

Golf

1st Place (score 60): Richard Radocha, Garrett Smith, Bill Seward, Marianne Haynes
2nd Place (score 65): Harold Friedman, Robert Smith, Bill Mullis, Jimmy Asip
3rd Place (score 70): Gary Talbert, James Bruno, Jim Wells, Bruce Shack

Closest to the Pin #5: Garrett Smith
Closest to the Pin #13: Elizabeth Kinsley
Closest to the Pin #16: Ed Breazeale
Longest Drive #7: Garrett Smith
Straightest Drive #14: Steven Smith

Fun Run

Women's first place and overall winner: Joy (Iron woman) Johnson (18:00)
Women's second place (and last overall-come on, women, let's get a few more participants next year): Kathy Corlew (28:31)
Men's first place: Barry ("wait, what about the buccal smear?") Bishop (18:25)
Men's second place: Ed ("is that all? Let's run it again") Luce (19:42)
Thanks to Judi and Kirk Carbo, Necia Wade, and Emily Johnson for participating as walkers.

2003 Breast

Surgery Symposium DVD Available

Copies of the DVD of the 2003 Atlanta Breast Symposium are on sale now through the SESPRS office. This DVD includes all of the lectures give at the symposium and is designed in a user-friendly manner such that instant access to a desired lecture can be obtained. It also includes the live operative procedures featured at the symposium including vertical breast reduction, no vertical scar breast reduction, parachute mastopexy, and augmentation/mastopexy for tubular breast deformity. This is an excellent opportunity to avail oneself of the proceedings of that clinical conference if you were unable to attend. The cost is \$200 and the DVD can be obtained through the SESPRS office at www.sesprs.org.

Dr. Norman Cole Presents Upchurch Lecture

One of the Southeastern's more honored life members, Dr. Norman Cole, presented the Upchurch lecture this year. Dr. Cole is a past president of the Southeastern, the ASPS, and ASAPS, and was the winner of the Pickrell Award at the 1994 SESPRS meeting. He spoke

on the changes that have occurred in plastic surgery over the time of his career and discussed what the future might bring.

President's Message

cont. from page 1

am certainly looking forward to the pleasant weather (following two days of 96 degrees here in Jackson). Your vice-president Tony Pizzo is already at work preparing another outstanding scientific program. So, please make plans to attend.

Hope that you have a good summer and I hope to see many of you in Atlanta in January.

William H. Wallace, M.D.
SESPRS President

Senator Bill Frist Gives Keynote Address

The Southeastern was honored to have Dr. Bill Frist, Senate Majority Leader, give the keynote address in Palm Beach. Senator Frist is the first cousin of Southeastern member Dr. John Frist. Senator Frist gave a first hand look at the current issues before the Senate and what the Senate agenda for the summer was going to be. Beneath the surface of his talk was a look for Southeasterners at what life was like for the Majority Leader with a one vote majority. This involves the delicate art of compromise and what a massive role, sometimes for the better and sometimes out of unfortunate necessity, it has to play in such a tight political situation. While as physicians we see virtually an entire spectrum of personalities, backgrounds, and motives in patients, the Senate Majority Leader has to deal largely with the challenging people that make up the nation's attorneys who then become politicians.

Senator Frist discussed several specific issues. The upcoming changes in the Medicare system were noted to be of utmost importance. He demonstrated a keen awareness of the burden that drug costs place on America's senior citizens, as well as the financial realities we all face. Over the weeks following the Southeastern meeting he was going to have to deal with competing personal agendas from members of the House of Representatives, the Senate, and announced candidates for president while trying to get a reasonable solution to the problem through the Senate. Based on recent news, it appears he may well be successful.

He also discussed the problem the Senate has presented with filling Federal judicial positions. Dr. Frist pointed out that over the two hundred fourteen years the Constitution has been in effect that the role of the Senate has been to "advise and consent" by majority vote on the nominees of the president for judicial positions. Using the same filibuster rules made famous by the antics of Strom Thurmond and others fighting Civil Rights legislation, the current Senate has thus far made judicial appointments a political issue and forced a super majority of 60% of the votes for approval of a federal judge. This has been a frustrating issue for Senator Frist from a practical as well as

moral viewpoint.

The Medicare payment formula also was an issue that will be taken up by the Senate. The Senator discussed how the formula was derived in a flawed fashion and now required correction. Even corrections of obvious errors require political skills and compromise in the arena in which the Senate Majority Leader works.

The Keynote address is always one of the highlights of the SESPRS meeting, and we were honored that Dr. Frist and his wife Karyn were able to arrange their weekend schedule in order to be with us in Palm Beach. We also thank Mike Beasley for arranging Dr. Frist's address, and especially cousin John Frist of Nashville, who hosted the Senator.

Seminar Concept Welcomed at Palm Beach Meeting

This year's meeting was marked by four two-hour seminars on topics pertinent to today's practice environment. Drs. James Carraway, Dean Kane, and Edward Lichten discussed anti-aging medicine on the first day of the meeting. Although non-surgical in nature, they discussed the concepts and products behind today's push to diminish the effects of aging on the human body, including dietary manipulations, drugs, and other entities. Dr. John Tebbets presented a seminar on breast augmentation, discussing the importance of frank, candid preoperative discussions and signed forms indicating understanding of the physical and financial risks involved. He also

discussed "pearls" used to facilitate fast recovery. Dr. Ted Lockwood led a seminar on the massive weight loss patient and on current concepts in body contouring. On the last day of the meeting, Drs. Dennis Hammond and Grant Carlson led discussions on breast reduction techniques and breast reconstruction. Although part of the meeting agenda, these were similar to the courses offered at the ASPS meetings. Coordinated by program chairman Mike Beasley to give the meeting a mix of original papers and purely practical educational discussions, they were well-received and provided excellent updates on these topics.

New Officers Elected

In addition to the advancement of Dr. Bill Wallace to president, the following officers were elected at the 2003 meeting.

President-Elect
Dr. Mike Beasley
Vice-President
Dr. Anthony Pizzo
Historian
Dr. James Grotting
Secretary
Dr. James Moore
Trustees
Dr. Petra Schneider-Redden
Dr. Duke Hagerty

In addition, Dr. Suman Das continues as Assistant Secretary, Dr. James Wade as Treasurer, and Drs. Ann Ford Reilly, Henry Vasconez, Gary Talbert, and Scott Corlew continue as Trustees.

Dr. Julie MacRae Wins 2nd Glancy Award

Dr. Julie MacRae of the University of Virginia accomplished something that had been done only once before in the history of the Southeastern when she won the coveted Glancy Award for the second year in a row. In 2002 she won for the paper "Human Adipocyte Viability Testing" and this year presented a well-designed and executed study on preservation of fat grafts. The study first involved the development of an appropriate assay of cell viability and then assessed the effects of storing fat grafts up to eight days under various conditions. The abstract in the Meeting Program sent to all Southeasterners summarizes the data well.

Second place also went to the University of Virginia, with Dr. Tonja Weed's paper on the effect of

the Wound VAC system on bacterial burden in wounds.

Congratulations to Drs. MacRae and Weed and to the University of Virginia.

Dr. Wendell Merritt Awarded Grant

Dr. Wendell Merritt was the winner of the SESPRS research grant for his proposal regarding the assessment of post-operative results of carpal tunnel release. His proposal will involve detailed objective testing in an effort to gain reproducible data. This should help in the ferreting out of true residual symptoms, malingerers, and better determination of permanent impairment.