



# Newsletter

Southeastern Society of Plastic and Reconstructive Surgeons



Kevin Hagan, Editor

April 2006

## Message From the President

The 22nd edition of the Breast Symposium was a rousing success. The attendance approached 300 achieving a new record, with attendees from 12 different countries. Our Foreign Scholars were from the Peoples Republic of China and it was quite evident that they were as pleased to be in attendance as we were to host them. Our heartiest congratulations go out to Program Chairmen, Mark Codner, Jim Namnoum, and Frank Elliott. We look forward to continued success in the future.

### ANNUAL MEETING PROGRAM

The Annual Meeting is rapidly approaching and promises to be a very special one. Our Upchurch Lecturer this year is one of our most distinguished members and I know we all look forward to hearing from Luis O. Vasconez. The Keynote Speaker will be Dr. John Stone from Emory University who is well known to many of you.

I had the pleasure of making his acquaintance at the Breast Symposium and look forward to hearing his presentation on literature and medicine.

The Scientific Program will

have something to offer everyone. If your practice includes hand surgery you will be pleased to hear Wyndell Merritt moderate our distinguished panel of Mike Jabaley and William Chris Pederson in a review of open versus closed treatment of carpal tunnel syndrome.

Approaches to cleft lip and palate repair are always of interest whether your involvement in this area is in your practice or in missionary work. Be sure to hear Joseph Williams, Ian Jackson, and Henry Kawamoto and their thoughts on this topic.

Reconstruction of the lower third of the leg is one of our greatest challenges. Bill Lineweaver will moderate our experts and fellow Southeasterners Scott Levin and Lee Pu in a panel discussion of this topic. They will emphasize non-microsurgical techniques so everyone involved in trauma and late reconstruction will find this to be of value.



Our Program Chairman, Suman Das, has established a unique format for our program on what many believe to be our most challenging cosmetic procedure, augmentation mastopexy. Pat Maxwell will serve as moderator and will be joined by

Jim Grotting and Mike Beasley for what promises to be a fresh approach to this topic. Finally we are pleased to have the renowned expert

in facial reconstruction, Ian Jackson, present his latest thoughts in this field which will be of interest to anyone whose practice includes skin cancer surgery. Be sure to plan to attend the entire Thursday program so you can hear this special presentation.

The newest addition to our continuing education requirements is in the area of safety in the operating room and in our practices. All of our speakers will

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address this with special invited guest, Mark Gorney, devoting both of his presentations exclusively to this area of utmost medical legal importance.

On the other end of the spectrum, an old but popular tradition returns to the Southeastern in the form of The Problems and Pearls Session moderated by our own John McCraw. Henry Kawamoto's special presentation of his surgical experiences with conjoined twins promises to be a fascinating glimpse into this developing area of medicine.

Our program evaluations continue to show the popularity and practicality of Karen Zupko's presentations, which this year will include two offerings. She will also be available for one-on-one consultation in practice management on Wednesday afternoon, from 1:00-4:00. Please see the sign up sheet for this and our newest elective offering, which will be attorney James G. Stuart, Jr.'s educational course on employment contracts.

All in all, this meeting will offer a wide-ranging program with something to offer everyone regardless of the nature of their practice.

#### **THE CLOISTER**

The Cloister holds special memories for many of our members and I know we all look forward to returning there as a Society after a very long absence. I can assure you that you will find the facilities of the highest caliber and we will be among the first groups to utilize the new hotel and convention center recently constructed. The opportunities for activities for the spouses and children are myriad and members and guests

alike will find the Cloister to be a special experience.

#### **SESPRS MEMBER RESPONSIBILITIES**

Enclosed in this newsletter are many important forms and notifications of which you will wish to take note. The Nominating Committee report is included for your review. Also please review the proposed Bylaws changes as recommended by our Bylaws Committee, chaired by Ann Ford Reilley and approved by our Board for your consideration. Plan to be in attendance at the Wednesday Business meetings so you can vote on these important matters.

Also, enclosed please find the proposed candidate and active member's list. As approved at last year's Annual Meeting please vote as indicated on the form and return this form either by mail or facsimile. This form may be mailed to our management company, AGRM, at 6400 Goldsboro Road, Suite 450, Bethesda, Maryland, 20817-5846, or faxed to their office at 301-263-9025. The voting will be accomplished with the usual privacy safeguards. It is very important that as many of you as possible participate in this voting so that a quorum may be reached and our new candidates and active members may be notified prior to the meeting. We are hoping that this information will allow them to make arrangements to be in attendance for their recognition at the Wednesday night banquet.

#### **SESPRS BOARD**

This year's Board has been very industrious and the following are some of the new developments. The Board has accepted the recommendation of the Long-Range

Planning Committee chaired by Ron Johnson to change the format of our future Annual Meeting to a Wednesday through Saturday scientific session with the banquet on Saturday evening and a farewell brunch on Sunday morning. It is felt that this will decrease the amount of time out of the office for our busy physicians and also assure better attendance on the final day of the meeting, while not detracting from the attendance at the banquet. Sunday will thus be available for your return travel.

The Future Convention Sites Committee has recommended and the Board has accepted the Boca Raton Club as the site for

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## **2006 Nominating Committee Report**

*The Nominating Committee has submitted the following names to be voted upon at the 2006 Annual Business Meeting in June. Nominees are as follows:*

President:

*R. Bruce Shack*

President-Elect:*Suman Das*

Vice President:

*James Wade*

Secretary:*Ann Ford Reilley*

Assistant Secretary:*James C. Grotting (remains)*

Treasurer:*Byron Barber (remains)*

Historian:

*Henry Vasconez*

2 Trustees (3-year terms):

*Robert Allen*

*Mark Craig*

# 49th Annual Scientific Meeting

## *The Cloister, Sea Island, Georgia, June 4-8, 2006*

### Sunday, June 4

6:00 p.m. Welcome Reception (until 7:30 p.m.)

### Monday, June 5

7:00 am Continental Breakfast/Exhibits Open  
 8:00 am Invocation – Ronald Johnson, M.D.  
 8:05 am Presidential Welcome – Anthony J. Pizzo, M.D.  
 8:10 am Reports from ASPS, ABPS, ASAPS and PSEF  
 9:10 am Questions and Answers  
 9:20 am Keynote Address – John Stone, M.D.  
 10:20 am Break/Visit Exhibits  
 10:40 am Resident Competition Papers 1-4, with Discussion  
 11:20 am “Lessons Learned from Conjoined Twins” – Henry Kawamoto, M.D.  
 12:00 pm “Bilateral Cleft Lip and Palate” – Joseph Williams, M.D., Ian Jackson, M.D., Henry Kawamoto, M.D.  
 1:00 pm Lunch/Visit Exhibits  
 2:00 pm Tennis Tournament (until 5:00 pm)  
 6:30 pm Theme Dinner (until 10:00 pm)

### Tuesday, June 6

6:30 am Continental Breakfast/Exhibits Open  
 7:00 am “Practice Building on a Budget” – Karen Zupko  
 8:00 am Resident Competition Papers 5-8, with Discussion  
 8:35 am Upchurch Lecture – Luis Vasconez, M.D.  
 9:30 am Break/Visit Exhibits  
 10:00 am “Safety in Surgery: Wheel of Misfortune” – Mark Gorney, M.D.  
 11:00 am Augmentation Mammoplasty with Mastopexy – Moderator: G. Patrick Maxwell, M.D., Panelists: James C. Grotting, M.D., Michael E. Beasley, M.D.  
 12:00 pm Medicolegal Aspects of Augmentation Mammoplasty with Mastopexy – Mark Gorney, M.D.  
 12:15 pm Discussion (until 12:30 pm)  
 1:30 pm Tennis Tournament (until 4:00 pm)  
 2:30 pm *Golf Tournament (until 6:00 pm)*

### Wednesday, June 7

6:30 am Continental Breakfast/Exhibits Open  
 7:00 am “Five Ways to Reduce Your Accounts Receivable” – Karen Zupko  
 7:30 am Pearls and Problems – John McCraw, M.D.  
 8:00 am “Reconstruction of Soft Tissue Loss of Lower Third of The Leg” – Moderator: William Lin-eaweaver, M.D., Panelists: Scott Levin, M.D., Lee L. Q. Pu, M.D.  
 9:30 am Members Papers 1-3, with Discussion  
 10:00 am Research Grant Paper with Discussion  
 10:15 am Outcome Analysis of Research Grant Awards Discussion  
 10:25 am Break/Visit Exhibits  
 10:30 am Members Papers 4-9, with Discussion  
 12:00 pm SESPRS Annual Business Meeting  
 12:00 pm Resident Luncheon  
 1:00 pm Practice Management Clinic: One to One – Karen Zupko (Scheduled in advance)  
 1:00 pm “How to Read and Write a Contract” – James G. Stuart, Jr., M.D. (until 4:00 pm)  
 1:30 pm Men’s Doubles Tennis (until 4:00 pm)  
 7:00 pm Reception and Dinner and Dancing (until 11:30 pm) black tie optional

### Thursday, June 8

7:00 am Continental Breakfast/Exhibits Open  
 8:00 am Members Papers 10-15, with Discussion  
 9:00 am Members Papers 16-21, with Discussion  
 10:00 am “Controversies Related to Carpal Tunnel Decompression” – Moderator: Wyndell Merritt, M.D., Panelists: William C. Pederson, M.D., Michael E. Jabaley, M.D.  
 11:00 am “Local Flaps in the Reconstruction of Nose and Face” – Ian Jackson, M.D.  
 12:00 pm *Lunch*  
 1:00 pm *Adjournment*

## 2006 National Meetings and Symposia of Note

April 20-26 — American Society of Aesthetic Plastic Surgery Annual Meeting, Orlando, FL

May 6-9 — American Association of Plastic Surgeons Annual Meeting, Hilton Head, SC

May 17-20 — Plastic Surgery Research Council Annual Meeting, Dana Point, CA

June 4-8 — Southeastern Society of Plastic and Reconstructive Surgeons Annual Meeting, Sea Island, GA

July 20-23 — ASPS/PSEF Women Plastic Surgeons Summer Workshop, Woodstock, VT

July 21-23 — Anti-aging, Skin Care and Non-invasive Cosmetic Procedures Symposium, Arlington Heights, IL

August 1-5 — Congress of the International Society of Aesthetic Plastic Surgery, Rio de Janeiro

August 23-26 — 21st Annual Breast Surgery and Body Countouring Symposium, Santa Fe, NM

October 6-11 — American Society of Plastic Surgery Annual Meeting, San Francisco

November 1-5 — Bariatric Plastic Surgery Workshop, 2nd Annual Meeting, Amelia Island, FL

## SESPRS BYLAWS AMENDMENTS

The Executive Committee approved the following amendments to the bylaws at the Interim Meeting. These changes will be voted upon by the membership at the Annual Meeting at Sea Island. The bylaws require that these changes be circulated to the membership prior to the meeting. Please read the following changes carefully to familiarize yourself with them and be prepared to discuss and vote on them at the Business Meeting. Note that the proposed new wording is in ***bold italic***, and explanations for the proposed changes are in parenthesis.

### ARTICLE V

#### Section 5-4 Reinstatement

(A review of the past 5 Annual Meeting programs has a typographical error omitting Section 4. This change will correct the error).

### ARTICLE V

#### Section 5 Reinstatement

“A suspended Member or Candidate for Membership may be reinstated only upon full correction of the circumstances attending suspension and following a three-fourths (3/4) vote of the Executive Committee ~~supported by a three-fourths (3/4) vote of Active and Life Members at an Annual Meeting.~~” ***A Member or Candidate for Membership suspended for dues non-payment may be automatically re-instated once all dues and fees owed are paid in full.***

(Listing the names and voting on reinstatement as a part of the Annual Business Meeting is not a good use of meeting time and potentially highly embarrassing to the Member or Candidate involved. Automatic re-instatement will only apply to suspension for non payment of dues. Suspension for violation of the Society’s Bylaws, Code of Ethics and/or Principles or for conduct detrimental to the reputation and best interests of the Society will continue to be evaluated and voted upon by the Executive Committee).

### ARTICLE VI

#### Section 8

“The accounts of the Society shall be audited ~~by August 31<sup>st</sup> every third year at the end of the Treasurer’s term.~~ ***at least every three years by a CPA or an independent audit firm.***”

(The Executive Committee and Management Firm believe that the current language is more rigid than we need, and it is recommended that we adopt a more flexible policy).

### ARTICLE VII

#### Section 4 G2

“In cooperation with the Management Company, collect, organize and maintain an illustrated historical record of all past meetings which shall be housed at ~~the Executive Office of the Society.~~” ***the Reynolds Historical Library at the University of Alabama in Birmingham.***”

(This describes the second duty of the Historian. We have stored the documents in the Reynolds Library for some time now).

## ARTICLE X

### Section 4

~~“ A quorum of ten percent (10%) shall be necessary for the transaction of business at an Annual Meeting of the Society.”~~  
***“Ten percent (10%) of the Active and Life Members registered at the meeting or five percent (5%) of the Active and Life Members, which ever is less, shall constitute the quorum necessary for the transaction of business at an Annual Meeting of the Society.”***

(Concern has been expressed that at some future meeting with particularly poor attendance we might not have a quorum as required in the original language, and thus we would not be able to hold the Annual Business meeting. The proposed language is that used by ASPS).

## ARTICLE XIV – AMENDMENT

***5. In addition to voting on proposed Amendments at the Annual Business Meeting or special meeting as outlined in Article XIV Sections 1-4, proposed amendments may also be voted upon by mail, facsimile, or electronic transmission. The Secretary shall send a ballot by mail, facsimile, or electronic transmission to each Active and Life Member containing the proposed amendment(s). Ballots must be returned by no less than ten percent (10%) of the Active and Life Member in order for the vote to be valid. Three-fourths (3/4) of those members voting must approve of the change for the adoption of the Amendment.***

(Both ASPS and ASAPS have adopted provisions to allow changing Bylaws at times other than the annual Meeting. This allows our Society to be able to respond to changing needs in a more timely fashion. ).

## ARTICLE XI – EXECUTIVE COMMITTEE

### Section 2. Duties

**F. The Executive Committee may change, delete, or add items to the Policy Manual by simple majority vote. Such a vote may take place at a regularly scheduled meeting, or by mail, facsimile, or electronic mail.**

(Currently there are no provisions in the Bylaws to change the policy manual. This delegates that responsibility to the Executive Committee)

### Section 6. Conduction of Business between Meetings

**In the event that a matter of Society Business requires a vote between meetings such a vote may be gathered via electronic mail, facsimile, or telephone conference call. The usual Executive Committee quorum will be required for the vote to be valid.”**

( This gives the Executive Committee the flexibility to respond to pressing issues between meetings if necessary)

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## PRESIDENT'S MESSAGE

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the 2008 meeting. Pending availability it is hoped that the contract will reflect the new schedule.

The Board has endorsed the Post-Bariatric Surgery Symposium for the year 2006. This symposium is chaired by John McCraw and will be held on Amelia Island. Look for more information on this matter in the future.

The future also holds major changes for the SESPRS website and our Historian, Harold Friedman, is currently researching our options. It is anticipated that we will have a state-of-the-art website in a twelve-month time frame.

Our President Elect, Bruce Shack, has designed and manufactured ties and scarves with the new SESPRS logo. They are very attractive and all proceeds will be placed in the John

Bostwick Memorial Fund. Please look for those at the registration desk.

I am very pleased to announce the Investment Policy developed by Jim Wade, and his Finance Committee, has been adopted and will give our Soci-

ety a clear but flexible guide to all our investments.

As this is my final newsletter, I would like to take this opportunity to thank my Board for their excellent support throughout the year and to the membership for the honor and opportunity to serve you as President.

Anthony J. Pizzo  
SESPRS President

### Fishing, Anyone?

The upcoming Annual Meeting at Sea Island should provide the opportunity to return to our high levels of participation in the Sporting Events — Golf, Tennis, Fun Run, etc. This has always been an important part of our Southeastern experience and an enjoyable part of the Awards Ceremony. Sea Island's ocean location also provides ample opportunity for boating and fishing. If any members are interested in setting up an inshore or offshore fishing charter, please e-mail Kevin Hagan at [kevin.hagan@vanderbilt.edu](mailto:kevin.hagan@vanderbilt.edu).

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